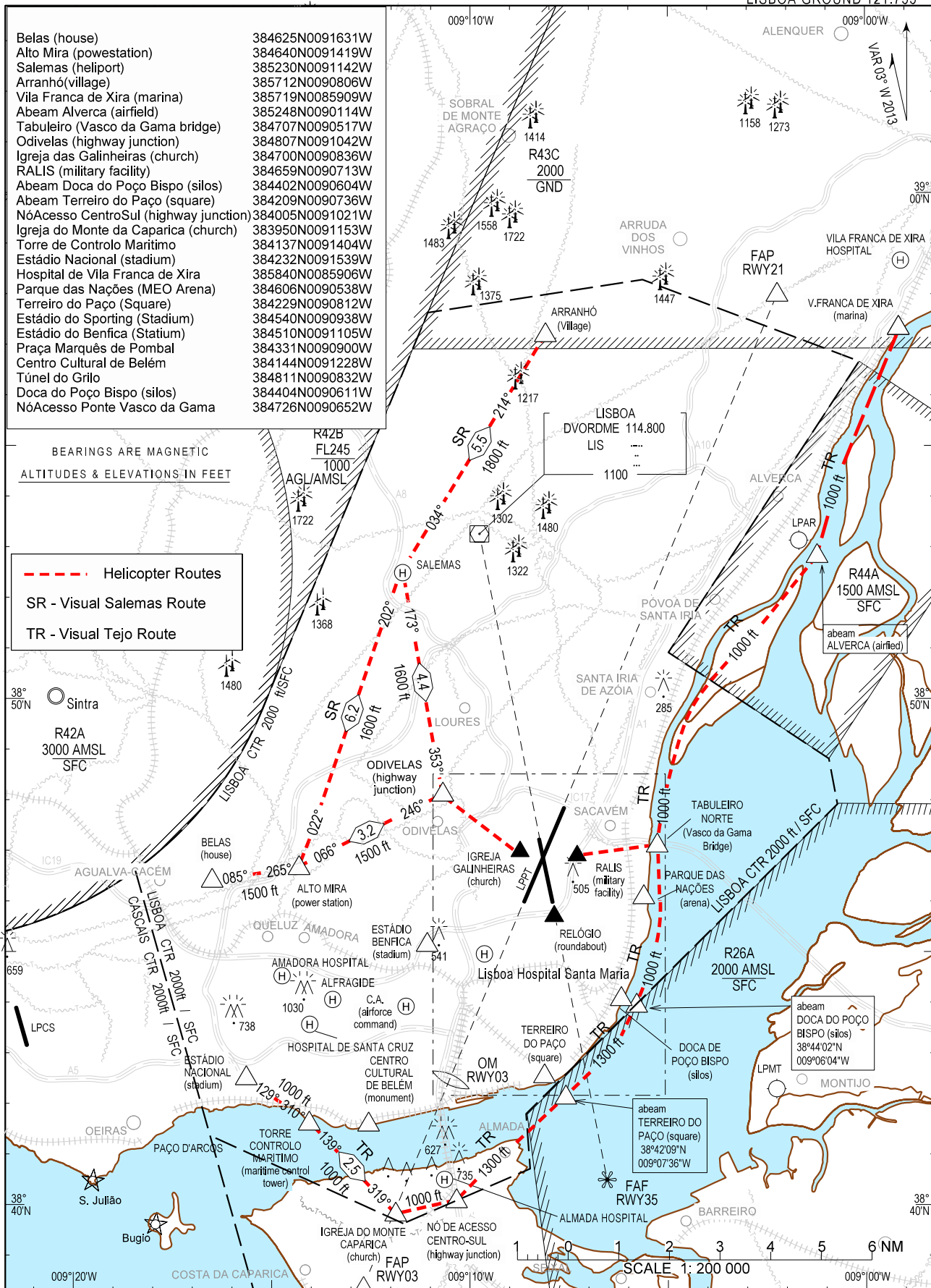


VFR HELICOPTER ROUTES IN LISBOA CTR

LISBOA ARR INFORMATION 124.155
LISBOA APPROACH 119.105
LISBOA ARRIVAL 125.130
LISBOA TOWER 118.105
LISBOA GROUND 121.755



New LPCT and LPCS CTR limits.

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